Royal Jiu Jitsu Code of Conduct

Policy Name	Faber Jiu Jitsu Code of Conduct	**Author**	Benjamin Robson - Faber Jiu Jitsu
Version	V1	**Review Date**	
Date Approved	20.03.2025	**Document Location**	Faber Jiu Jitsu Website
Approving Committee	Ben Robson - Faber Jiu Jitsu		

Related Policy	Faber Jiu Jitsu Safeguarding Policy- Adults Faber Jiu Jitsu Equality Policy Faber Jiu Jitsu Health & Safety Policy
Standards	
Key Words	Code of Conduct, Club Owners, Coaches, Individuals,

Document Revision Record			
Amendment Date	**Version Replaced**	**Sections Involved**	**Amendments**

FABER JIU JITSU

Table of Contents

1. **Club Code of Conduct**
2. **Coaches Code of Conduct**
3. **Members Code of Conduct**

1. Cub Code of Conduct

Duty Of Care
Faber Jiu Jitsu has the highest duty of care to its members, employees and anyone present within the facility.

Faber Jiu Jitsu is responsible for ensuring:

- All coaches are aware of their responsibilities and what they are suitably qualified to teach.
- All coaches have current appropriate safeguard and first aid training.
- All coaches have enhanced DBS checks.
- All coaches, volunteers and members are aware of the expectations outlined in the code of conduct for individuals.

The Health, Safety and Welfare of Participants
Faber Jiu Jitsu is always concerned regarding the safety and well-being of all participants and abides by the following good practice:

- Always provide a safe environment, ensuring that apparatus and matting areas are clean, adequate size of the class and left in a fit state for future use.
- To ensure safe supervision of all participants Faber Jiu Jitsu will have one coach per 24 participants on a matted area of 2 square meters per person for live sparring.
- All legislation established and strictly adhered to and all appropriate risk assessments carried out and regularly reviewed.
- All members to complete a medical questionnaire and update this questionnaire should any changes affecting the members health status occur. Ensure participants know to alert coaches in the event of any new condition arising or if they are suffering from an injury which could be made worse by participating in certain activities.
- Supervise the dispersal and collection of juniors and adults at risk to ensure their safety.
- Detailed Safeguarding Adults and Child Protection and Safeguarding Policies are in place and located on the Faber Jiu Jitsu website. All coaches are to familiarise themselves with the contents of these policies. The named Safeguarding Lead Officer is **Benjamin Robson**

Equality And Humanity

Faber Jiu Jitsu expects all directors and coaches to respect the rights and choices of all human beings, treating everyone equally and sensitively regardless of their gender, ethnic origin, cultural background, sexual orientation, religion or political affiliation. Faber Jiu Jitsu acknowledges the need in some cases for unequal effort to ensure that the principle of equality is achieved. For example, a student who has a physical disability may require adaptions to be made to the techniques taught in the class to enable full engagement in the session. Faber Jiu Jitsu abides by the Faber Jiu Jitsu Equality Policy in order to promote equal opportunities within the club.

Disability Discrimination Act

Disability is defined as a physical or mental impairment, which has an effect on a person's ability to carry out normal day-to-day activities. The Disability Discrimination Act 1995 makes any discrimination unlawful on the grounds of a person's disability. Some disabilities will be required to have adaptations which Faber Jiu Jitsu will thoroughly consider in order to enable participation in the sport. The club owners should be aware if participants have long-term medical conditions such as epilepsy, diabetes or asthma. Club owners should also be aware of any participants specific needs; what they can do as well as what they cannot do and the barriers they face to participation. Some medical conditions prohibit participation; club owners and coaches are advised to seek professional advice (Students GP) prior to commencing training.

Relationships

The ultimate responsibility for relationships within Faber Jiu Jitsu lies with the club owners.

Club Owners will ensure that at all times:

- the relationship between participant and coach should always be based upon mutual trust and respect and this position must not be abused.
- Club owners and coaches should refrain from contact with any young person through social networking sites if they hold a position of trust and/or responsibility in respect of the individual.
- The safety and well-being and protection of individuals in their charge, ensuring that all training and playing demands are not detrimental to the social, emotional, intellectual and physical needs of the individual.

- Encouraging independence through guiding athletes to accept responsibility for their own behaviour is not misconstrued or open to allegations of favouritism, misconduct or impropriety, particularly where physical contact between coach and performer is necessary within coaching practice.

- Ensuring participants and relevant people are aware of the qualifications and experience of all coaches, respecting the rights of participants to choose to consent or decline to participate within coaching or competition situations.
- Refraining from public criticism of other clubs, coaches, competition officials- the definition of public in this instance refers to criticism expressed in any branch of the media (including social media) or in lectures or seminars.
- The club has clear, published guidance on what to do if a member feels any of the above have been violated by any individual associated with the club- See Faber Jiu Jitsu Safeguarding Adults Policy and Faber Jiu Jitsu Child Protection and Safeguarding Policy.

Confidentiality

All information obtained by Faber Jiu Jitsu is held in accordance with the General Data Protection Regulation (GDPR). Confidentiality does not preclude disclosure of information to persons who can be judged to have a right to know.

Examples include:

- In matters of disciplinary
- In matters of disciplinary action by a sports organisation against one of its members
- Legal and medical requirements
- Recommendations to parents/family regarding health and safety of participants
- In pursuit of action to protect young children and young persons from abuse

Integrity
Faber Jiu Jitsu prioritises integrity by:

- Abiding by the rules of Brazilian Jiu Jitsu as dictated by the relevant bodies for the setting.
- Follows fair play and ethical guidelines.
- Ensures all practices are suitable and relevant dependent upon age, maturity, experience and ability of athletes.
- Promotes the prevention and education of the misuse of performance enhancing drugs and illegal substances.

- Accurately presents evidence, upon request, details of their coaches training qualifications and service.
- Ensure all Faber Jiu Jitsu coaches must declare any criminal convictions and should be in possession of a current enhanced DBS.

2. Code of Conduct for Coaches

Duty of Care
All Faber Jiu Jitsu coaches owe a duty of care to those being coached and to others within the facility. As a coach you will be expected to behave as a 'reasonable' coach in line with your level of knowledge and experience.

Coaches are expected to:

- Provide a safe coaching environment.
- Ensure as far as possible the safety of all athletes with who they work, exercising reasonable care at all times.
- Ensure all activities undertaken are suitable for the experience and ability of the athletes and in keeping with the approved practices of Faber Jiu Jitsu.
- Provide suitable first aid support.

- Be compliant with the child protection and safeguarding policy and procedures. All coaches must hold current enhanced DBS and up to date Child protection training by a Sport UK registered provider.

The Health, Safety and Welfare of Participants
All coaches are expected to:

- Always provide a safe environment, ensuring that apparatus and matting areas are clean, adequate size of the class and left in a fit state for future use.
- To ensure safe supervision of all participants Faber Jiu Jitsu will have one coach per 24 participants on a matted area of 2 square meters per person for live sparring.
- All legislation established and strictly adhered to and all appropriate risk assessments carried out and regularly reviewed.
- All members to complete a medical questionnaire and update this questionnaire should any changes affecting the members health status occur. Ensure participants
- know to alert coaches in the event of any new condition arising or if they are suffering from an injury which could be made worse by participating in certain activities
- Supervise the dispersal and collection of juniors and adults at risk to ensure their safety.
- Detailed Safeguarding Adults and Child Protection and Safeguarding Policies are in place and located on the Faber Jiu Jitsu website. All coaches are to familiarise themselves with the contents of these policies. The named Safeguarding Lead Officer is **Benjamin Robson**

Equality And Humanity
All coaches must respect the rights and choices of all human beings, treating everyone equally and sensitively regardless of their gender, ethnic origin, cultural background, sexual orientation, religion or political affiliation. Faber Jiu Jitsu acknowledges the need in some cases for unequal effort to ensure that the principle of equality is achieved. For example, a student who has a physical disability may require adaptions to be made to the techniques taught in the class to enable full engagement in the session. Faber Jiu Jitsu abides by the Faber Jiu Jitsu Equality Policy in order to promote equal opportunities within the club.

Disability Discrimination Act

Disability is defined as a physical or mental impairment, which influences a person's ability to carry out normal day-to-day activities. The Disability Discrimination Act 1995 makes any discrimination unlawful on the ground of a person's disability. Some disabilities will be required to have adaptations which Faber Jiu Jitsu will thoroughly consider in order to enable participation in the sport. All coaches should be aware if participants have long-term medical conditions such as epilepsy, diabetes or asthma. Coaches should also be aware of any participants specific needs; what they can do as well as what they cannot do and the barriers they face to participation. Some medical conditions prohibit participation; club owners and coaches are advised to seek professional advice (Students GP) prior to commencing training.

Relationships

Coaches are expected to always ensure that:

- The relationship between participant and coach should always be based upon mutual trust and respect and this position must not be abused.
- Coaches should refrain from contact with any young person through social networking sites if they hold a position of trust and/or responsibility in respect of the individual.

- The safety and well-being and protection of individuals in their charge, ensuring that all training and playing demands are not detrimental to the social, emotional, intellectual and physical needs of the individual.
- Encouraging independence through guiding athletes to accept responsibility for their own behaviour is not misconstrued or open to allegations of favouritism, misconduct or impropriety, particularly where physical contact between coach and participant is necessary within coaching practice.
- Ensuring participants and relevant people are aware of the qualifications and experience of all coaches, respecting the rights of participants to choose to consent of decline to participate within coaching or competition situations.
- Refraining from public criticism of other clubs, coaches, competition officials- the definition of public in this instance refers to criticism expressed in any branch of the media (including social media) or in lectures or seminars.

- The club has clear, published guidance on what to do if a member feels any of the above have been violated by any individual associated with the club- See Faber Jiu Jitsu Safeguarding Adults Policy and Faber Jiu Jitsu Child Protection and Safeguarding Policy.

Confidentiality
All information obtained by Faber Jiu Jitsu is held in accordance with the General Data Protection Regulation (GDPR). Confidentiality does not preclude disclosure of information to persons who can be judged to have a right to know.

Examples include:

- In matters of disciplinary
- In matters of disciplinary action by a sports organisation against one of its members
- Legal and medical requirements
- Recommendations to parents/family regarding health and safety of participants
- In pursuit of action to protect young children and young persons from abuse

Personal Standards
Faber Jiu Jitsu coaches must not attempt to exert undue influences and pressures in order to obtain personal benefit or reward. Coaches must display high personal standards that project a favourable image for Brazilian Jiu Jitsu and Faber Jiu Jitsu including:

- Upholding standards of good coaching etiquette.
- Not indulging in alcohol or any other substance which could cause impairment prior to coaching or cornering at a competition as this would compromise the safety of the athlete.
- Using appropriate language and behaviour befitting the coach both during coaching at Faber Jiu Jitsu, at seminars or at a competition.

Integrity
Faber Jiu Jitsu prioritises integrity by:

- Abiding by the rules of Brazilian Jiu Jitsu as dictated by the relevant bodies for the setting.
- Follows fair play and ethical guidelines.

- Ensures all practices are suitable and relevant dependent upon age, maturity, experience and ability of athletes.
- Promotes the prevention and education of the misuse of performance enhancing drugs and illegal substances.
- Accurately presents evidence, upon request, details of their coaches training qualifications and service.
- Ensure all coaches employed must declare any criminal convictions and should be in possession of a current enhanced DBS.

3. Code of Conduct for Individual Members

Duty of Care
Any athlete participating in Brazilian Jiu Jitsu has a duty of care to themselves, their training partners and opponents in competition setting.

The Athletes duty of care includes:

- Ensuring your coach has details of any medical condition (including injuries) and any information on how that may affect your participation in classes or competitions.
- Ensure that you notify your coach immediately in the event that you develop any infectious condition and isolate from the gym until said condition is confirmed by a medical practitioner to no longer be contagious.
- Ensure all training kit is clean and in a good state of repair for every session. You should maintain a good level of personal hygiene, ensuring finger and toenails are neatly trimmed, long hair is tied back and piercings and personal jewellery are removed.
- Ensuring you never intentionally seek to injure your training partner or opponent. As with all combat sports injuries do happen but to seek to deliberately harm an opponent is against the spirit of Brazilian Jiu Jitsu and will be met with severe consequences.

- If you have concerns regarding the welfare or actions of a fellow member of the club (children included) you must alert your coach immediately and/or refer to the Faber Jiu Jitsu Safeguarding Policy and Faber Jiu Jitsu Child Protection and Safeguarding Policy. In the event the concerns are regarding your coach, you should reach out to the club owners.

Respect

Any athlete participating in Brazilian Jiu Jitsu should show respect to all other participants and to the image of the sport as a whole.

- Bullying / harassment of any form will not be tolerated under any circumstance. Anyone found to be participating in such behaviours would be subject to disciplinary measures from their club and possibly depending on the severity of the incident by the UKBJJA.
- Illegal behaviour. Athletes should operate within the law at all times. Members who are involved in crimes of a violent or sexual nature should expect strong action to be taken by Faber Jiu Jitsu with regards to their continued participation at the club.

- Tournament etiquette. Ensure you are fully aware of the rules for the event you are competing in. Accept the decisions of the match officials without question or complaint, respecting them and your opponent at all times. Any dispute over a decision should be raised to the head referee by your coach in the method outlined in the rules for the competition as long as it meets the criteria for when such a review should occur.